

, 8. - 10.12.2020

13-14

11-12

Swim Time

1				, 800m						11 - 12	
08.12.2020											
III	9 +: 13:31.00 / 10 +: 9:46.00 /	II	9 +: 11:58.00 / 12 +: 9:12.00	I	9 +: 10:27.00 /						
: FINA 2019											
		/				rt				FINA	
1.			2008			RUS		<b>9:34.13</b>			602
	100m: 1:06.67 1:06.67	300m: 3:31.63 1:12.51		500m: 5:57.76 1:13.51	700m: 8:23.45 1:12.80						
	200m: 2:19.12 1:12.45	400m: 4:44.25 1:12.62		600m: 7:10.65 1:12.89	800m: 9:34.13 1:10.68						
2.			2009			RUS		<b>10:29.56</b> II			456
	100m: 1:10.32 1:10.32	300m: 3:48.55 1:20.14		500m: 6:30.65 1:20.76	700m: 9:12.59 1:20.04						
	200m: 2:28.41 1:18.09	400m: 5:09.89 1:21.34		600m: 7:52.55 1:21.90	800m: 10:29.56 1:16.97						
3.			2009			RUS		<b>10:39.18</b> II			436
	100m: 1:11.57 1:11.57	300m: 3:52.03 1:21.10		500m: 6:36.68 1:23.09	700m: 9:21.68 1:22.06						
	200m: 2:30.93 1:19.36	400m: 5:13.59 1:21.56		600m: 7:59.62 1:22.94	800m: 10:39.18 1:17.50						
4.			2009			RUS		<b>10:59.45</b> II			397
	100m: 1:12.09 1:12.09	300m: 3:57.65 1:23.05		500m: 6:47.22 1:25.19	700m: 9:37.83 1:25.38						
	200m: 2:34.60 1:22.51	400m: 5:22.03 1:24.38		600m: 8:12.45 1:25.23	800m: 10:59.45 1:21.62						
5.			2009			RUS		<b>11:42.83</b> II			328
	100m: 1:12.91 1:12.91	300m: 4:12.16 1:30.77		500m: 7:12.36 1:31.51	700m: 10:13.67 1:30.18						
	200m: 2:41.39 1:28.48	400m: 5:40.85 1:28.69		600m: 8:43.49 1:31.13	800m: 11:42.83 1:29.16						

2				, 200m						13 - 14	
08.12.2020											
III	9 +: 3:08.00 / 10 +: 2:17.25 /	II	9 +: 2:44.00 / 12 +: 2:09.75	I	9 +: 2:25.75 /						
: FINA 2019											
								50m	100m	150m	200m
1.		06				<b>2:25.40</b>	481 I	30.92	39.38	40.39	34.71
2.		06				<b>2:25.72</b>	478 I	30.17	39.66	43.06	32.83
3.		06				<b>2:27.85</b>	458 II	29.96	36.13	45.64	36.12
4.		06				<b>2:28.34</b>	453 II	30.82	40.33	44.50	32.69
5.		07				<b>2:31.84</b>	423 II	32.35	38.22	46.77	34.50

3				, 800m						13 - 14	
09.12.2020											
III	9 +: 12:40.00 / 10 +: 9:02.00 /	II	9 +: 11:18.00 / 12 +: 8:29.00	I	9 +: 9:41.00 /						
: FINA 2019											
		/				rt				FINA	
1.			2006			RUS		<b>9:30.38</b> I			498
	100m: 1:04.80 1:04.80	300m: 3:27.88 1:12.42		500m: 5:52.89 1:12.92	700m: 8:18.95 1:12.80						
	200m: 2:15.46 1:10.66	400m: 4:39.97 1:12.09		600m: 7:06.15 1:13.26	800m: 9:30.38 1:11.43						
2.			2007			RUS		<b>9:32.47</b> I			492
	100m: 1:06.01 1:06.01	300m: 3:29.76 1:12.40		500m: 5:55.33 1:13.26	700m: 8:21.22 1:12.90						
	200m: 2:17.36 1:11.35	400m: 4:42.07 1:12.31		600m: 7:08.32 1:12.99	800m: 9:32.47 1:11.25						
3.			2006			RUS		<b>9:57.51</b> II			433
	100m: 1:03.30 1:03.30	300m: 3:31.69 1:16.09		500m: 6:06.95 1:17.98	700m: 8:42.38 1:17.83						
	200m: 2:15.60 1:12.30	400m: 4:48.97 1:17.28		600m: 7:24.55 1:17.60	800m: 9:57.51 1:15.13						
4.			2006			RUS		<b>10:05.30</b> II			416
	100m: 1:07.99 1:07.99	300m: 3:38.85 1:16.69		500m: 6:14.94 1:18.22	700m: 8:52.02 1:18.54						
	200m: 2:22.16 1:14.17	400m: 4:56.72 1:17.87		600m: 7:33.48 1:18.54	800m: 10:05.30 1:13.28						
5.			2006			RUS		<b>10:53.85</b> II			330
	100m: 1:07.37 1:07.37	300m: 3:48.16 1:22.28		500m: 6:38.53 1:25.48	700m: 9:33.21 1:26.93						
	200m: 2:25.88 1:18.51	400m: 5:13.05 1:24.89		600m: 8:06.28 1:27.75	800m: 10:53.85 1:20.64						

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11-12

Swim Time

4		, 200m		11 - 12			
09.12.2020							
III	9 +: 3:29.00 / 10 +: 2:33.25 /	II	9 +: 3:03.00 / 12 +: 2:24.75	I	9 +: 2:42.75 /		
: FINA 2019							
				50m	100m	150m	200m
1.	,	08	<b>2:37.67</b>	511 I	34.61	38.72	49.70 34.64
2.	,	09	<b>2:43.46</b>	459 II	35.54	40.76	46.81 40.35
3.	,	09	<b>2:44.31</b>	452 II	34.77	42.18	50.09 37.27
4.	,	09	<b>2:49.31</b>	413 II	35.32	43.28	51.73 38.98
5.	,	09	<b>2:52.17</b>	393 II	35.66	44.13	52.92 39.46

5		, 100m		11 - 12			
10.12.2020							
III	9 +: 1:21.00 / 10 +: 1:01.90 /	II	9 +: 1:13.30 / 12 +: 57.90	I	9 +: 1:05.74 /		
: FINA 2019							
				50m	100m		
1.	,	09	<b>1:05.40</b>	494 I	31.10	34.30	
2.	,	09	<b>1:06.02</b>	480 II	31.54	34.48	
3.	,	09	<b>1:07.17</b>	456 II	31.53	35.64	

6		, 100m		13 - 14			
10.12.2020							
III	9 +: 1:12.50 / 12 +: 51.90	II	9 +: 1:05.00 /	I	9 +: 58.70 /	10 +: 55.30 /	
: FINA 2019							
				50m	100m		
1.	,	06	<b>56.11</b>	584 I	27.31	28.80	
2.	,	06	<b>57.54</b>	541 I	27.56	29.98	
3.	,	06	<b>58.69</b>	510 I	28.03	30.66	
4.	,	07	<b>58.87</b>	505 II	28.35	30.52	

7		, 100m		11 - 12			
10.12.2020							
III	9 +: 1:33.00 / 10 +: 1:10.40 /	II	9 +: 1:23.00 / 12 +: 1:06.40	I	9 +: 1:14.90 /		
: FINA 2019							
				50m	100m		
1.	,	08	<b>1:08.53</b>	606	33.44	35.09	
2.	,	09	<b>1:12.76</b>	506 I	35.25	37.51	

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13-14

11-12

Swim Time

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10.12.2020      8      , 100m      13 - 14

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III	9 +: 1:30.00 /	II	9 +: 1:22.00 /	I	9 +: 1:13.40 /
	10 +: 1:08.90 /		12 +: 1:04.90		

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: FINA 2019

						50m	100m
1.	,	06		<b>1:09.06</b>	565	I	33.22    35.84